

## Tennis Sussex Changing Room Policy

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## **POLICY ON THE USE OF CHANGING ROOMS**

Tennis Sussex strives to ensure that all children are safeguarded from abuse and enjoy their tennis experience. Tennis Sussex uses several venues throughout the year. Changing facilities in venues vary greatly so before staging any competition or County training, we expect all venues we use to have a changing room policy and to adhere to the standards and procedures in this document.

Where that isn't possible, we will advise all players to come to the venue already changed wearing suitably warm clothing e.g. tracksuits, and go home afterwards to change and shower.

Tennis Sussex standards and procedures for the acceptable use of changing rooms are as follows.

- 1. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
- 2. If adults and children need to share changing rooms, they will do so at different times.
- 3. Where it is unavoidable that changing rooms are used by both adults and children at the same time, there will be access to separate changing, showering and toilet areas.
- 4. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
- 5. Mixed gender groups of children will have access to separate changing rooms or use the same changing room but at different times.
- 6. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*n.b. for more information on this please go to https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/*)
- 7. Mobile phones and other electronic devices must not be used in changing rooms.
- 8. For younger groups of children, a DBS checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to training and/or the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.

This policy was last reviewed on 27th November 2023 and will be reviewed every three years (or earlier if there is a change in national legislation).
This Policy was approved by Tennis Sussex Management Board meeting on 27th November 2023
Martin Carpenter, Tennis Sussex Chair.
Deborah Rayner Gray, County Safeguarding Officer