# LTA Padel Instructor Level 2 Core Training delivered over four days with online coursework – 2024 Courses.



## During the course you will develop:

- 01 More advanced communication and organisation skills
- 02 Understanding of tactical, technical, physical and mental skills appropriate to various ages and abilities
- 03 Observation and analysis skills to identify how to help players develop

#### **Padel Elective**

For the Padel Instructor course you will be required to complete Coaching Kids Padel using LTA Youth or How to Coach the Double Glass.

## **Pre-Requisites**

Before signing up to the Padel Instructor course you will need to:

- Hold an LTA DBS Enhanced Check (with Child Barred List applied for in the last 12 months (allow up to 8 weeks).
- Complete the Padel Instructor Readiness Test prior to the course (allow 2 weeks).

## LTA Instructor: Core Training

Day one:Monday 18th MarchDay two:Tuesday 19th MarchDay three:Wednesday 24th AprilDay four:Thursday 2nd May

Times: 8am – 4pm

Venue: National Tennis Centre

Cost: £57!

Click here to book.

Day one:Monday 10th JuneDay two:Tuesday 11th JuneDay three:Wednesday 10th JulyDay four:Thursday 18th July

Time: 8am – 4pm

Venue: National Tennis Centre

Cost: £575

Click here to book.

Day one: Monday 9<sup>th</sup> September

Day two: Tuesday 10<sup>th</sup> September
Day three: Wednesday 9<sup>th</sup> October
Day four: Thursday 17<sup>th</sup> October

Times: 8am – 4pm

Venue: National Tennis Centre

Cost: £57!

Click here to book.



LTA Introduction to Padel Coaching
This course will provide Coaches with some
elementary knowledge and skills to offer
basic Padel coaching to their repertoire.

The learning outcomes for this course are:

- 01 Understand game situations and court positioning for Padel and how to teach them
- 02 Learn some basic ways of teaching players how to use the back glass
- 03 Understand and practice how coaching skills differ from tennis coaching to Padel coaching, including feeding
- 04 Learn and play some games to take back to your venue and use with your players

This course is worth five credits.

**CPD Introduction to Padel** 

Date: Friday 10th May

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

CPD Introduction to Padel

Date: Friday 19th July

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.









## **CPD / Elective Courses**

# Coaching Kids Padel using LTA Youth

Date: Monday 22<sup>nd</sup> April

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

# Coaching Kids Padel using LTA Youth

Date: Monday 8<sup>th</sup> July Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

# Coaching Kids Padel using LTA Youth

Date: Monday 7<sup>th</sup> October

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

#### How to Coach the Double Glass

Date: Tuesday 23<sup>rd</sup> April

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

#### How to Coach the Double Glass

Date: Tuesday 9<sup>th</sup> July Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.

### How to Coach the Double Glass

Date: Tuesday 8th October

Time: 9am – 2pm

Venue: National Tennis Centre

Cost: £95

Click here to book.